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DAY 01 – SUN., AUGUST 6, 2017

Point Pelee National Park - 40km app

Self-guided ride to Kingsville - 56 km

REGISTRATION

Toronto Registration 7 to 9AM: Port Union Community Centre, 5450 Lawrence Ave E, Scarborough, ON M1C 3B2

Toronto Long-term Parking: Oliver Mowat Collegiate Institute 5400 Lawrence Ave E, Scarborough, ON M1C 2C6.

Point Pelee National Park Registration Noon to 2 pm. Located at the White Pine Base Camp and Campground. [Map 1]

Point Pelee National Park Long-term Parking: North West Beach, Point Pelee National Park. [Map 1]

2 pm Charter Bus arrives from Toronto.

2 pm- Lunch. Pick up your bagged lunch from the **Info Tent** at the **White Pines Campground**. [Map 1]

Hotel: Staying in a hotel? Bring your luggage to the sign “To the Hotel” in the parking lot. Luggage will be transported to the hotel and secured near the front lobby for pick up after 4 pm.

The 2017 GWTA begins with a **self-guided ride around Point Pelee National Park**. GWTA participants will be among the first to experience Point Pelee's new facilities. There are new cycling trails available in 2017 and plenty of activities to keep you occupied for the afternoon.

Check out the Point Pelee Visitor Guide and map for the Top Ten things to do at Pelee:

1. Visit the southernmost tip of Canada
2. Explore the marsh from the boardwalk, observation tower or canoe

3. Gather with friends and family for a picnic
4. Hike a trail
5. Learn with activities, exhibits and videos at the Visitor Centre
6. Relax at the beach or swim in Lake Erie. The water quality for North West Beach is excellent.
7. Cycle all the bike trails.
8. Observe incredible biodiversity - go birding
9. Rent a canoe from Friends of Point Pelee at the Marsh Boardwalk. \$20 per hour; maximum 3 people per canoe.
10. Admire the sunset over Lake Erie

56 km Self-guided ride from Point Pelee National Park to Lakeside Park, Kingsville. [Maps 2 and 3]

Those interested in a longer ride can explore the Great Lakes Waterfront Trail riding from Point Pelee to Kingsville. The route uses paths, roads and the Chrysler Greenway. Sites along the route include: Freddy's Ice Cream, Leamington's waterfront, wineries and the patio at the **Mettawas Station Restaurant**, a restored rail station built in 1889 (169 Lansdowne Ave, Kingsville, ON N9Y 1S4). After a bite, head to the beach at Kingsville's Lakeside Park. The ride is self-guided with limited support provided by cycling volunteers.

Freddy's Ice Cream [📍 on Map 2]

CWATs sponsoring Ice Cream - Our friends at the County of Essex County Wide Active Transportation System (CWATS) are generously sponsoring ice cream for GWTA participants for the second year! Pick up your coupon from the Info Tent and take a short ride outside the park to [Freddy's](#) for an Ice Cream - there are so many choices! Don't forget to take a photo and post it to Instagram and/or Twitter tagging @getactiveCWATS or #getactiveCWATS.

The Great Lakes Waterfront Trail in Essex County is part of the County-Wide Active Transportation Network (CWATS)—a 20- year master plan to create a 900km network of safe cycling/walking routes throughout the county.

6:00 pm Meet and Greet Reception

Greetings

Maria Papoulias, Superintendent for Point Pelee National Park
Warden Tom Bain, Essex County
Leamington Mayor John Paterson
Lynette Bain makes the first toast on behalf of Tourism Windsor Essex and Pelee Island and Ontario's Southwest

GWTA Group Photo by Simon Wilson

6:30 pm Dinner served

North West Pavilion, North West Beach
1118 Point Pelee Drive, Leamington, ON N8H3V4

Ontario's Southwest hosts the first dinner of the event. Chef Joshua Fraser of Rino's Kitchen is preparing a scrumptious long table dinner at the new North West Pavilion at North West Beach. Take the time to meet your fellow riders and enjoy this amazing new facility on the beach. Food has been arranged by our friends at Windsor Eats and there will be a cash bar on site. It promises to be a wonderful evening on the beach.

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Campground [Map 1]

White Pines Site at Point Pelee National Park. The campsite is a bit tight this evening, so please don't sprawl out.

Shower facilities will be available both in a shower trailer and a staff building approximately 500m walk away at the Otentik (Camp Henry) site.

There are also a number of outdoor showers available at North West Beach. Please take a moment to check out the new oTenTiks which are available from September 2017 - something to consider for accommodation on future visits to Point Pelee National Park—open year-round.

Hotel [map 2]

Best Western Plus Leamington Hotel and Conference Centre, 566 Bevel Line Rd., Wheatley, ON N0P 2P0

The hotel is located 6.5 km from the North West Pavilion in the National Park where the reception and dinner will take place.

There are no GWTA shuttles scheduled between the reception and the hotel. Please enjoy the 6.5 km ride (each way) or use the local cab service.

Leamington Taxi- 519 322 1444

CAA Mobile Bike Assist-Download the App and GWTA17 Route.

CAA's support goes beyond the incredible Mobile Bike Assist and Shuttle Services. This year's route is live on the CAA Bike Assist App!

Today's Beaches

The GWTA 2017 passes by 41 beaches! Download the **Swim App** to see Swim Drink Fish Canada's beach water quality data and beach descriptions.

- North West Beach, Point Pelee National Park
- Seacliff Park Beach, Leamington (not directly on the Route)
- Hillman Beach, Leamington (not directly on the Route)
- Lakeside Beach, Kingsville

Many thanks to our partners:

CAA
Parks Canada
Ontario's Southwest
Tourism Windsor Essex Pelee Island
Essex County
Municipality of Leamington
Windsor Eats
City of Toronto

About Point Pelee National Park

Point Pelee National Park is Canada's second smallest but most ecologically diverse national park.

Part of the Carolinian forest, the Park is home to more than 390 bird species and 70 species of trees, some of which are Species at Risk.

The 'Tip' is the southernmost point of the Canadian mainland.

ABOUT THE GWTA--Honorary Tour Director & Ambassadors.

Every year—and there have been 10 of them-- we invite politicians and community leaders to join the GWTA as ambassadors. They meet mayors and councilors along the route to celebrate the 114-community partnership that makes the Trail possible.

2016 Honorary Tour Director and Ambassadors

Bev MacDougall, City of Sarnia Councillor
Steve Parish, Mayor of the Town of Ajax
Joanne Dies, Town of Ajax Councillor
Peter Delanty, Retired Mayor of Cobourg
Vicki Perez, CAA South Central Ontario
Keith Laushway, Chair, Waterfront Regeneration Trust

About the Charity

The **Waterfront Regeneration Trust's** mission is to **Protect, Connect and Celebrate** the earth's largest group of freshwater lakes by creating **the Great Lakes Waterfront Trail**. We envision a Trail that is an integral part of each ecosystem it connects and contribute to the ecology, economy and heritage of every community that participates.

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DAY 2 – MON., AUGUST 7, 2017

Point Pelee National Park - Rondeau Provincial Park 106 km. Shuttles at 65 KM and 81 KM marks.

Camp Opens at 2 PM

Maps: 1 to 6
Route has about 16km of gravel roads.

Luggage Campers: Please load your luggage before you depart for breakfast - **all luggage should be loaded by 8:00 AM.** Truck departs at 8:30AM.

Luggage Hotel Guests: Please leave your luggage in the Reception Area of the Best Western, Leamington - our team will collect it and transport it to tonight's hotel.

Breakfast for Campers: 6:30 to 8 AM
North West Pavilion, Point Pelee National Park.
1118 Point Pelee Drive, Leamington, ON N8H3V4

Breakfast for Hotel Guests: 7 to 8 AM at the Best Western. Show your wristband to receive a complimentary breakfast.

24 KM Wheatley [Map 1] - 24km - coffee, supermarket and washroom

The first half of today's ride is rural with limited facilities (including washrooms).

Wheatley is a small town with a coffee shop, supermarket and a number of restaurants including a Subway. Our first suggested "on your own" lunch stop is at 65km. If you feel that you need to purchase a snack or sandwich to tide you over before then, Wheatley is the place to do it.

Wheatley Arena (washrooms): 196 Erie St N, Wheatley, ON N0P 2P0, arena located on the left side of the road behind the school. Washrooms are on the north side of the arena.

44 KM GWTA Rest Stop and Portapotty [Map 2] Intersection of Port Road and Simpson Line

The GWTA shuttle will be on hand to refill your water bottles and provide a few snacks.

65 KM Pardoville Fruit Stand and Bakery [Map 3] 7707 Talbot Trail West

65 KM Lunch and Shuttle Point [Map 3] Deer Run Golf Course and Restaurant
19605 Bloomfield Rd, Blenheim ON N0P 1A0
Shuttle Schedule: 12:30pm and 1:45pm
Shuttle Pickup: South West corner of the Deer Run Golf Course parking lot.
Shuttle Stops: Erieau & Rondeau Provincial Park

[Deer Run Golf Course Restaurant](#) is our suggested "on your own" lunch stop. The restaurant is open to the public, large and beautiful and reasonably priced.

69 KM Delhaven's Fruit Market [Map 3]
The Delanghe family has been growing fruit for six decades including 19 different apple varieties sold at this year-round on-farm market. Be sure to check out their award-winning apple cider. Did you know: Today's farmers plant 1,000 trees per acre. Sixty years ago, it was 35. Tweet a photo your favourite apple or a new apple variety you are trying. @WaterfrontRT #GWTA17

81 KM Erieau and Shuttle Stop
Shuttle Schedule: 1:00pm and 2:30pm.
Shuttle Pickup: Erieau Beach parking lot
Shuttle Stops: Bye the Bay B&B & Rondeau Provincial Park
Beach, brewery and a penny farthing bike! The beautiful little town of Erieau is a charming place to stop for lunch. There are 3 restaurants and a visit to [Bayside Brewing](#) is a must if you are a craft beer lover!
Bayside Brewing Co.: 970 Ross Lane, Erieau, ON N0P 1N0

The Galley Grille Pub: 1005 Vidler Ave, Erieau, ON N0P 1N0

Support vehicles will be on hand to transport your purchases to this evening's campground. **Make sure your purchases are bagged and labelled with your Bike Plate Number and name.** Some participants are staying overnight in Erieau at the **Bayview Bliss cabins** - your ride ends here for today. Don't worry the mileage that you miss today will be added on tomorrow!

Erieau Beach—Take a Dip
Interested in taking a refreshing dip in Lake Erie, check out Erieau Beach by Laverne Kelly Memorial Park. The shuttle pickup is located in the parking lot.

Penny Farthing Selfie #BikeON
As you leave Erieau, take care not to miss the turn for the trail, which is by the Penny Farthing sculpture. Although this section of the trail is gravel it is worth the ride as it is so beautiful - especially the little bridge over the waterway.

106 KM Rondeau Joe's Bar and Grill [Map 4] 11521 Wildwood Line, Morpeth ON N0P1X0
A perfect place to stop in for a celebratory drink before riding into camp!

CAMPERS:
Check in at the **Info Tent** to confirm where you can pitch your tent. There will be 3 tents per site. Thank you for considering this when pitching your tent.

HOTEL GUESTS:
Bayview Bliss Cabins
17655 Erieau Rd., ON, N0P 1A in Erieau—Riders head directly to the hotel from Erieau.

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DAY 2 – MON., AUGUST 7, 2017

Point Pelee National Park - Rondeau Provincial Park 106 km. Shuttles at 65 KM and 81 KM marks.

Camp Opens at 2 PM

Silver Motel

398 Chatham St. South. Blenheim ON N0P1A0

Hotel guests who are staying at the Silver Motel in Blenheim will be shuttled to their motel and shuttled back to the park for dinner. The owner of Bye The Bay B&B (close to Rondeau P.P) is allowing Silver Motel guests to store their bikes on her property please park your bike here before 4pm. Bring your locks. The GWTA shuttle will be by at 4pm to pick up Silver Motel Guests and transport them to Silver Motel.

Bye the Bay

18288 Kent Bridge Rd, Ridgetown, ON N0P

1X0 Guests will ride past the B&B on the way to the Park - it's your choice whether you ride to the park before checking in to Bye The Bay or check in first before joining us for dinner in the park.

Dinner

Tonight's dinner is included in your registration and will be served at the Pier Pavilion on Water Street. Our meal will be provided by the Friends of Rondeau Provincial Park.

Silver Motel Guests will be shuttled via School Bus to the park for dinner and back to the hotel.

School Bus Shuttle from Silver Motel to Rondeau departs the hotel at 6 PM.

School Bus Shuttle to Silver Motel

Schedule: 8 PM and 9 PM

Shuttle Pickup: Pier Pavilion on Water Street

Bye the Bay Guests may choose to ride or walk to the park for dinner.

Bayview Bliss Guests are staying in Erieau with a couple of restaurant choices. Please make your own arrangements for dinner this evening. As it is the civic holiday, don't leave dinner too late as the establishments may adjust hours for the holiday.

- **Bayside Brewing Co.:** 970 Ross Lane, Erieau, ON N0P 1N0 11:30 AM to 9 PM
- **Molly and OJs:** 875 Mariners Rd, Erieau, ON N0P 1N0 24 hours
- **The Galley Grille Pub:** 1005 Vidler Ave, Erieau, ON N0P 1N0 6 AM to 3 PM

8 PM Guided Hike Rondeau Park

Join the Provincial Park experts for a guided hike around Rondeau Park, which will focus on the nocturnal species found in the park. Meet at the campground Info Tent at 8:00 PM

The **Visitor Centre** will remain open until 9:00 PM for anyone interested in checking out the nature displays.

Today's Beaches—

- Pier Road, Wheatley (not directly on the Route)
- Wheatley Provincial Park (not directly on the Route)
- **Erieau Beach by Laverne Kelly Memorial Park**
- Bates Beach, South Kent, Ontario. (not directly on the Route)
- Terrace Park Beach, Howard Tsp (right beside Rondeau Provincial Park)
- **Rondeau Provincial Park-Rondeau Bay**
- **Rondeau Provincial Park- Lake Erie**
- **Rondeau Provincial Park- Visitor's Centre**

Cycle Safety Tip

Road bikes can be safely ridden on all kinds of road surfaces, including cobblestone, dirt and gravel. Here's a few tips:

1. Relax –When riding on gravel or dirt you'll likely experience some lateral movement, and feel your front wheel wander slightly from side to side. This is completely normal. The easiest way to control lateral flow is to relax and ride with it. Make sure

to keep your shoulders, arms and hands loose and maintain a normal grip on your bars.

2. Maintain Momentum – Keep pedaling and maintain enough speed and forward momentum to allow your front wheel to glide over the gravel and bumps in the road. A little speed makes it much easier to keep a two-wheeled vehicle upright. Similarly, pushing a bigger gear in rough terrain can keep you from bouncing around and help with overall control.

3. Moderate Speed – Avoid excessive speed, particularly when descending. Gravel roads offer less traction than pavement. Brake early and often enough to maintain control.

4. Brake Carefully – Brake gently to prevent your wheels from skidding. Be especially gentle with your front brake. If you feel your front wheel begin to skid, release your front brake immediately.

5. Choose Your Line – Look for the spots where cars or other bikes have packed the gravel or dirt more tightly. It's typically much easier to ride in those areas. However, if other riders or oncoming traffic make that impractical, don't hesitate to head for the loose stuff—just keep your wheels straight and pedal through it.

6. Be Considerate –When passing, give others plenty of room (even if it means slowing down).

About the Maps

We use the pdf maps available from our website to mark the itinerary for the GWTA. It is our way to show people what information resources exist at www.waterfronttrail.org to help with trip planning. We also have an interactive Google-based map on the website. For the first time one of participants has created GPX files for those using GPS & has made the files available to others via Facebook.

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DAY 3 – TUES., AUGUST 8, 2017

Rondeau Provincial Park to Port Stanley, Central Elgin 83 km with Shuttle at 54 KM and 57 KM mark

Campsite opens at 2 PM

Maps: 1-6

Campers' Luggage Truck Departure: 8:30AM. Please load your luggage before you depart for breakfast - all luggage should be loaded by 8:00 AM

Hotel Guests: Please leave your luggage in the **Reception Area of the hotel by 7AM** you are staying in- we will collect it and transport it to tonight's hotel in Port Stanley.

Breakfast: 6:30 – 8AM Rondeau Provincial Park **Pier Pavilion on Water Street [Map 1]**
18050 Rondeau Park Road, Morpeth, ON N0P 1X0. Camper

Guests staying in **Erieau** will eat breakfast at the **Galley Grille** 1005 Vidler Ave, Erieau, N0P 1N0 before beginning their ride. Breakfast is open from 6 AM. **[Map 2]**

Guests staying in the **Silver Motel** will be shuttled to Bye The Bay B&B to pick up their bikes and then ride to Rondeau Provincial Park for breakfast and to start their ride. **Breakfast shuttle departs the hotel at 7AM.**

Guests staying in **Bye The Bay B&B** can choose to eat breakfast at the B&B (which we hear is awesome) or at the campground.

[Map 3] Today's ride is along a quiet stretch of countryside following the historic Talbot Trail route in Chatham-Kent and Elgin. There will be about 5 km of gravel and several sections of road with soft shoulders. The route is dotted with heritage fishing villages and ports, as this was the industry that settled the area.

Services and facilities are less frequent along this stretch and we encourage you to stop in the establishments outlined below to pick up food for lunch. There are also some nice places to picnic. Some of the establishments we recommend are

small so be prepared to move along to the next one if you find the lines too long. Our support vehicles will also be out on the road with water and snacks.

18 KM Crazy 8 Barn Café [Map 3]
14226 Talbot Trail Palmyra, Muirkirk, ON N0L 1X0
Opens at 9 AM
Built in 1890, this unique eight-sided barn was originally built for stabling animals, but was left empty for years. Current owner, Susanne Spence-Wilkins carefully disassembled the barn and moved it to its present location to create the [Crazy Eight Cafe](#), Garden Inspiration Centre and cafe. The cafe will be open from 9am to purchase coffee, snacks or sandwiches for a picnic lunch to be eaten further along today's route. One of the GWTA support vehicles will be on hand to transport any non-food purchases that you may make. Please make purchases are bagged and labelled with your bike plate number and name. We highly recommend the chocolate raspberry scones!

34 KM Port Glasgow Yacht Club & Marina Blue Flag beach and washrooms [Map 4]
8536 Haven's Lake Rd, Rodney, ON N0L 2C0
It's worth the 1km detour down the small hill to check out the Blue Flag Beach at [Port Glasgow Marina](#) - now might be the time to eat those delicious bakery items that you picked up at Crazy Eight Cafe! There's also a food concession down here.

34 KM Take a Bite food truck and Social Eatery [Map 4]
This Mediterranean inspired food truck and cafe sits at the intersection of Talbot Trail and Port Glasgow. Check out their daily special - it's sure to be delicious and veggie options are available—and oh yes, ice cream too!

48 KM Picnic Area and Elgin Tourism Water and Washroom Stop 10:30AM to 2:30PM. [Map

4] The Elgin Tourism Van will provide water and information at this lovely picnic area.

54KM Tall Tales Cafe Lunch & Shuttle Stop [Map 5]
29634 Talbot Line, Wallacetown, ON N0L 2M0
Shuttle Schedule: 12:30pm and 2:15pm
Shuttle Pickup: Parking lot
Shuttle Stops: Backus House and Port Stanley Arena (campground).
Watch for this famous cycling-friendly [cafe](#), which is hidden next to a self-serve gas station and variety store. Looks can be deceiving; this is a very popular restaurant with people visiting from near and far to sample their famous pie! This place is definitely a must stop - there is extensive seating inside and a nice patio to boot. If you didn't try the Crazy 8 scones then a piece of the Coconut Cream Pie is a MUST! If that's not for you then there is a huge variety of other food options including a huge variety of sandwiches and paninis.

57 KM Backus Page House, John Pearce Provincial Park. Picnic, washrooms & Shuttle [Map 5]
Shuttle Schedule: 12:45 and 2:30pm
Shuttle Pickup: Parking lot
Shuttle Stops: Backus House & Port Stanley Arena (campground).
29424 Lakeview Line, Wallacetown, ON N0L 2M0
Tours cost \$5/adult and \$2/child.

No Canada/Ontario150 celebrations would be complete without a tour of heritage homestead. Located within in the John E Pearce Provincial Park, Backus-Page-House Museum is a restored Georgian style home which was constructed in 1850. The site is operated by the Tyrconnell Heritage Society—one of hundreds of such groups preserving our province's incredible history. Lean your bike on the fence and take in the restored barn, honey house, heritage gardens. Don't miss the replica of the WWI trench. If you

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Campsite opens at 2 PM

picked up take out from Tall Tales Cafe then this is a wonderful place to have a picnic.

57 KM Caution: 4.5 km of loose gravel from Backus House to Fingal Line.

Caution: Steep descent down Lake Line towards Carlow. Be prepared to Stop at the busy intersection of Lake Line and Carlow. Turn right here onto Carlow to reach camp. **Steep descent along Carlow** into Town with Stop signs at intersections.

83 KM Overnight - Port Stanley [Map 6]

Campground & showers - **Port Stanley Arena**, 332 Carlow Rd, Port Stanley, ON N5L 1B6 - tents will be set up behind the Arena in the adjacent school field.

2 PM—Camp opens. Please note that camp will not open until 2pm. If you arrive in Port Stanley before this time, please be patient and allow staff and volunteers time to unload your luggage, and the Comfy Campers team time to set up your tents. There is plenty to do in Port Stanley while you are waiting—we recommend **a little retail therapy** (most stores close by 5 or 5:30 pm) or cooling off with a **dip in the Lake** at the Blue Flag beach.

Hotel Guests ride down the hill into Port Stanley to your accommodation - please follow the daily maps for directions to Port Stanley hotels.

Port Stanley Beach Hotel, 128 William St.
Inn on The Harbour, 202 Main St.
Kettle Creek Inn, 216 Joseph St.
Inn on the Harbour, 202 Main St.
Eagle's Rest B&B, 140 Brayside St.

Dinner is on your own this evening with plenty of choices in Port Stanley. The list of restaurants provided by Tourism Elgin.

School Bus Shuttle from Camp to the Village.

Shuttle Hours: 6 to 10 PM.

Shuttle Stops: loops between Camp (Public School) and the Parking lot on Edith Cavel Rd.

Miss the shuttle?

Call Dockside Cabs 519-782-3855

Port Stanley Bucket List Ideas

- Visit both the main beach and the little beach for different scenery and points of view
- Walk across the King George VI lift bridge and enjoy the scenery off the **oldest lift bridge** in Ontario
- Visit the main shops and see what's on offer.
- Try some Broderick's ice cream in fresh, homemade waffle cones
- Walk down the new pier on main beach for fantastic water views of Lake Erie.
- Walk through the new Hofhuis Park by the pier on main beach.
- Take in Port Stanley's history told through several murals—we have read there are 7 but suspect there are more. Tweet your count to @WaterfrontRT #BikeON #GWTA17.
- Selfie Moment: Find the old Port Stanley Jail and post a photo. Don't forget to tag the shot with #GWTA17 and #BikeON
- Visit the harbour near sundown for beautiful views of the fishing boats, docks, harbour and lift bridge under the sunset. Post your sunset shot on Instagram @Waterfront_rt #GWTA17

Cycling Tips

- Ride single file when sharing the road.
 - Signal your turns—always.
 - Obey signs—it is the law.
- Wear gear that improves your visibility.

Today's Beaches--

- **Port Glasgow, West Elgin**

- **Port Stanley-Erie Rest Beach**
- **Port Stanley-Main Beach—Blue Flag**
The Blue Flag is awarded to beaches meeting environmental and quality criteria. Communities apply to the program for the designation.
- **Port Stanley-Little Beach**

About Port Stanley

In the early years of the last century, during the summer months, passenger ferries arrived daily from Cleveland. Many of them, such as were driven by giant paddle wheels.

About Lake Erie

Lake Erie supported a strong commercial fishery between 1820-1880s and it was one of the first industries established in new communities. For Canada, the Lake Erie fishery (11 species) remains prosperous, and represents nearly two-thirds of the country's total Great Lakes harvest. Be sure to try some yellow perch or walleye (also known as pickerel) during this trip.



The Great Lakes Waterfront Trail is one of 5 inaugural trails recognized as a Trail of Distinction. Other Trails of Distinction include the Greenbelt Route and Trans Canada Trail—all of which are part of this year's itinerary.

About the Carolinian Forest (we are riding through the Carolinian ecozone)

The Carolinian Forest, as it is known in **Canada**, is a unique ecozone containing about 10 to 20 broad-leaf species of trees that reaches across much of the eastern United States, from the **Carolinas** up into **southern Ontario**.

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DINNER Options

The main dining options include fine dining, casual dining, pubs, take out and ice cream parlours (<http://www.portstanley.net/eat/>).

Fine dining options:

Kettle Creek Inn

The Kettle Creek Inn (<http://www.kettlecreekinn.com/dining.cfm>) is located on 216 Joseph Street, Port Stanley, ON, putting it in the heart of the quaint village and a minutes walk from the local shops and Little Beach. The Kettle Creek Inn restaurant will be open on **August 8th from 11:30am-8pm.**

SoLo On Main

SoLo On Main (<http://www.soloportstanley.com/>) is located on 187 Main Street, Port Stanley, ON, with a beautiful outdoor patio that faces the harbour and quaint shops on the street. SoLo On Main suggests reservations for parties of 6 or more and will be open on August 8th for dinner **from 5pm-9pm.**

Casual dining

The Art & Soul Cafe

The Art & Soul Cafe (<https://artandsoulcafe.net/>) and is located on 291 Bridge Street, ON, with a couple street-side seats and an intimate dining area filled with local art pieces and homemade goods. **The Art & Soul Cafe will be open on August 8th from 8am-6pm.**

The Fresh Wave

is located on 145 William Street, Port Stanley, ON, making it a minutes' walk from the main beach, pier, and newly opened Hofhuis Park. The Fresh Wave will be open on **August 8th from 12pm-7pm.**

The Buccaneer is located on 128 William Street, Port Stanley, ON, and is attached to the Beach Hotel. They are steps away from the main beach and have both an indoor dining area as well as a

street facing patio and beach facing patio. They will be open on **August 8th from 8am-8pm.**

GT's On The Beach is located on 350 Edith Cavell Blvd, Port Stanley, ON, with a 400 seat patio directly on beach, they offer unique Lake Erie views and local catches. They will be open on **August 8th from 11am-9pm** and will have their \$8 cheeseburger and fries deal on.

782 Taphouse is located on 305 Bridge Street, Port Stanley, ON, and has both indoor dining rooms and a small patio out front that faces the unique King George VI lift bridge (the oldest lift bridge in Ontario) and harbour view. They will be open on **August 8th from 12pm-10pm.**

Pub options

Barnacles Beerhouse and Eatery is located at 170 William Street, Port Stanley, ON, with large indoor dining area and small outdoor patio, just a few minutes' walk from the main beach. They will be open on **August 8th from 11am-10pm.**

The Pierside Pub is located on 158 William Street, Port Stanley, ON, with a large, 2 level outdoor patio and live entertainment often going on. They will be open on **August 8th from 2pm-2am.**

Takeout options

Lakeview Pizza is located at 115 William Street, Port Stanley, ON, directly on the beach with a few small picnic tables for a rustic setting. They will be open on **August 8th from 12pm-10pm.**

Mackies is located at 124 William Street, Port Stanley, ON, and has been in the community since 1911. They are a local staple and have a large indoor dining area as well as a patio with picnic tables directly on the beach. They will be open on August 8th from **10:30am-8pm.**

Main Street Taqueria is located at 208 Main Street, Port Stanley, ON, and is the area's only authentic Mexican restaurant and is just in front of the harbour with views of the water and the King George VI lift bridge. They will be open on August **8th from 11am-6pm.**

PizzAxl's

PizzAxl's is located on 301 Bridge Street, Port Stanley, ON, with both indoor dining rooms and a small patio out front that faces the unique King George VI lift bridge (the oldest lift bridge in Ontario) and harbour view. They will be open on August 8th from 12pm-10pm.

Shebaz's Shawarma & Falafel is located on 174 William Street, Port Stanley, ON, with a small outdoor seating area and a quaint, clean and welcoming environment. They are the only shawarma and falafel restaurant in the area and will be open on August 8th from 11am-10pm.

Sushi Punk is located on 172 William Street, Port Stanley, ON, with small, unique seating area and is the area's only authentic sushi/noodle house restaurant. They will be open on August 8th from 12pm-8pm.

Broderick's Ice Cream Parlour is located on 290 Bridge Street, Port Stanley, ON, and is well-known for their homemade and fresh waffle cones and wide selection of flavours. They will be open on **August 8th from 11am-10pm.**

LCBO Open 10am-6pm

Foodland Open 8am-8pm on August 8th

Dockside Cabs 519-782-3855

Recreation & Shopping in Port Stanley
Within Port Stanley there are many different recreation and entertainment options. Port Stanley offers the definition of "shopping local" experiences, with small shops up and down every

Use these social media tags to share: #GWTA17 #CAASCO #BikeON

DAY 3 – TUES., AUGUST 8, 2017

Instagram: @Waterfront_RT

Rondeau Provincial Park to Port Stanley, Central Elgin 83 km with Shuttle at 54 KM and 57 KM mark

Twitter: @WaterfrontRT

Campsite opens at 2 PM

street and corner. Stores include ladies wear & accessories, men's wear & accessories, art & home decor, specialty food stores and health & beauty (<http://www.portstanley.net/shop-listings/>).

Ladieswear & Accessories

Apropos

Open 10am-5pm on August 8th

The Chique Shack Boutique

(<https://www.facebook.com/The-Chique-Shack-Boutique-108422652614738/>)

Open 11am-5pm on August 8th

Frankly Scarlett

<https://www.facebook.com/www.franklyscarlett.ca>

Open 11am-5pm on August 8th

Lady Savannah

(<http://www.ladysavannahfashion.com/>)

Open 11am-5pm on August 8th

Rhumba

(<https://www.facebook.com/Rhumba-Port-Stanley-1199564086732296/>)

Open 10am-5:30pm on August 8th

Russell House

(<http://www.russellhouseapparel.com/>)

Open 10am-5pm on August 8th

Studio Style

(<https://www.studiostyle.ca/>)

Open 11am-5pm on August 8th

Art & Home Decor

YWCA Connections

(<http://ywcaconnections.com/>)

Open 10am-5:30pm on August 8th

James Street Home Decor

(<http://www.jamesstreethomedecor.com/>)

Open 10am-5pm on August 8th

Joshua & Company

(<http://www.joshuaandcompany.com/>)

Open 10am-6pm on August 8th

Portside Gallery

(<http://portside.cuttingpromotions.com/>)

Open 11am-5pm on August 8th

Succs On The Beach

(<https://www.facebook.com/SuccsOnTheBeach/>)

Open 11am-7pm on August 8th

Specialty Food + Drink

Harbour Merchant Coffee Co.

Open 7am-5pm on August 8th

Village Square Coffeehouse

Open 7am-4pm on August 8th

The New New Age

(<https://thenewnewage.com/>)

Open 12pm-5pm on August 8th

We are looking forward to having you!

**Many thanks to Elgin Tourism
their support of the GWTA 2017
including help developing the
itinerary and list of businesses
and services.**

Use these social media tags to share: #GWTA17 #CAASCO #BikeON

Instagram: @Waterfront_RT

Twitter: @WaterfrontRT

DAY 4 – WED., AUGUST 9, 2017

**Port Stanley, Central Elgin to Port Dover, Norfolk 110 KM. Shuttles 70 KM and 56 KM marks
Scoot ahead shuttle from breakfast to Copenhagen. Camp opens at 2:00 PM**

Maps: 1 to 6

Campers' Luggage Truck Departure: 8:30AM.
Please load your luggage before you depart for breakfast - all luggage should be loaded by 8 AM

Hotel Guests: Please leave your luggage in the **Reception Area of the hotel before heading to breakfast** - we will collect it and transport it to tonight's hotel in Port Stanley.

Breakfast: Port Stanley Arena, 332 Carlow Rd, Port Stanley, ON N5L 1B6

6:30am to 8am

Today's ride contains a few hills (sorry!) Many thanks to Elgin Tourism for its support for this morning's breakfast.

Morning Shuttle for Hotel Guests [Map 1]: 6:45 AM

To avoid cycling up the hill to the Arena first thing in the morning, hotel guests can meet us in the parking lot by Port Stanley Beach Hotel, (128 William St.) for a ride up to breakfast at the Arena. Your bikes will be loaded onto the CAA flatbed and guests will be transported in the GWTA passenger vans.

Leave your bike on the flatbed if you are taking the Scoot Ahead shuttle.

Scoot Ahead Shuttle out of Port Stanley

Shuttle Schedule: 8:45 AM

Shuttle Pickup: Port Stanley Arena

Shuttle Stop: Copenhagen General Store [Map 2]

We are offering a "scoot ahead shuttle" this morning, which will move you ahead to just beyond Port Bruce for a shorter day's ride and to avoid the challenging hill as you leave Port Stanley.

The scoot ahead shuttle will leave the arena after breakfast once the bikes have been loaded at approximately 8:45am. Riders will scoot ahead to Copenhagen which cuts off approximately 22km.

20 KM Port Bruce (washrooms) [Map 2]

Take a short detour down the hill to visit the beautiful beach at [Port Bruce Provincial Park](#). Washrooms are available at the parking lot adjacent to the beach. It's 500m back up the hill to rejoin the Waterfront Trail!

40 KM Port Burwell and Marine Museum and possible lunch stop. [Map 3]

20 Pitt St, Port Burwell, ON N0J 1T0
Water and washrooms are available at the Marine Museum, located across the street from the historic lighthouse which was built in 1840 to safely guide ships to harbour. **Climb the Lighthouse tower free of charge courtesy of the generosity of Elgin Tourism.** Tag your selfie and photos #GWTA17 & #BikeON. There is modest fee of \$3.00 to tour the museum - there are discounts for groups so team up!

40 KM Ojibwa Submarine [Map 3]

8 Howard St, Port Burwell, the Municipality of Bayham ON N0J 1T0
Saved from the scrap heap by a group passionate about military heritage the [Ojibwa](#) submarine is a Cold War era Oberon-class submarine that served in the Royal Canadian Navy and later the Canadian Forces Maritime Command. The 295 ft long vessel is a striking image. It is incredible to compare the massive exterior to the tight living quarters inside—an insight gained by touring the heritage submarine. This summer it celebrates 5 years of opening its hatches for tours. Participants are asked to sign up ahead of time for tours that will be offered before noon by calling **519-633-7641. You will need to wear or bring closed toe shoes** with rubber bottoms to enter the submarine.

Hungry? Port Burwell has plenty of restaurant options to choose from. Choices range from pub food to delicious ice creams.

76 KM Port Rowan possible Lunch & Shuttle Point [Map 4]

Boathouse Restaurant address:13 Front Rd, Port Rowan, ON N0E 1M0

Shuttle schedule: 1:00pm & 2:30pm

Shuttle Pickup: harbour parking lot by the Boathouse Restaurant.

Shuttle Stops: Burning Kiln Winery and Camp in Port Dover.

Port Rowan is a beautiful little harbour village with a charming small town main street where you will find a couple of restaurants and the famous **Twins Ice cream parlor**. We highly recommend that you take a break here - it's a wonderful place for lunch.

90 KM Burning Kiln Winery and Long Point Eco Adventure Zip-lining & Shuttle Point [Map 4]

Shuttle schedule: 1:30pm and 3:00pm

Shuttle Pickup: Burning Kiln Parking Lot

Shuttle Stops: Camp in Port Dover.

Zip-lining Schedule: 2 and 3:00 PM. (Additional cost and pre-registration required)

For those of you that are staying at Long Point Eco Adventures this is the end of your riding for today - check in to your accommodation and enjoy all the facilities on offer. Bikes will be stored in your rooms.

[Burning Kiln Winery](#) is not only a winery but a dining destination. In 2017 David's restaurant will be operating a gourmet food truck on site. For those of you that wish to purchase wine our support trucks will be on hand to transport wine purchases to tonight's campground in Port Dover.

[Long Point Eco Adventure](#) - is offering GWTA riders a zip lining experience. You will need to

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Instagram: @Waterfront_RT

Twitter: @WaterfrontRT

DAY 4 – WED., AUGUST 9, 2017

**Port Stanley, Central Elgin to Port Dover, Norfolk 110 KM. Shuttles 70 KM and 56 KM marks
Scoot ahead shuttle from breakfast to Copenhagen. Camp opens at 2:00 PM**

pre- book your zip-lining adventure directly with Long Point Eco Adventure for \$95 +HST.

Fast, fun and exhilarating, the Zipline & Canopy tour will take approximately 2 ½ hours. The adventure includes 8 ziplines, 2 suspension bridges, and a 40-foot rappel. Travel high above the forest overlooking the Long Point Bay World Biosphere and Turkey Point Marsh. The views are spectacular!

Tours are available at 2pm and 3pm - we recommend booking the 3pm slot - you need to have pre-book: **1-877-743-8687**

Shuttles for you & your bike into Port Dover once your zip-lining adventure is over at 5:30pm are offered. **NOTE: YOU WILL NEED CLOSED TOE SHOES TO PARTICIPATE IN ZIPLINING - PLEASE RIDE IN CLOSED TOE SHOES, CARRY CLOSED TOE SHOES OR PUT YOUR SHOES IN THE SUPPORT VEHICLE AT BREAKFAST.**

110 KM Port Dover and overnight camping.

[Map 5; Detail Map 6]

Port Dover Arena, 809 St George St, Port Dover, ON N0A 1N0

Please note that the campground opens at 2 PM. If you arrive early, please be patient and enjoy a refreshment on a patio in Port Dover while volunteers and staff unload luggage, set up camp and tents.

Welcome to the beautiful town of Port Dover. Port Dover is a great little beach town. Relax on the beautiful sandy beach or take the opportunity to enjoy some **Stand Up Paddle Boarding** with South Coast Water Sports, **12 Walker Street Port Dover. Rentals available: 9 AM to 3 PM. Phone:** 519-909-8079 | 519-718-3654 or southcoastwatersports.dover@gmail.com

Hotels: Please use Map 6 to ride to your accommodations. Your luggage will have been dropped off. There are no hotel shuttles this evening.

Dinner in Port Dover—On your own evening. After tonight we leave Lake Erie behind. If you haven't tried the perch—now is the time to do so.

[Erie Beach Hotel](#) 19 Walker Street
Port Dover, ON N0A 1N0 Tel. (519) 583-1391
Monday-Friday 5pm-8pm

Beach House-watch the sunset from the deck: 2 Walker St. Port Dover ON N0A1N0 519-583-0880. 11 AM to 9 PM.

David's Restaurant 168 New Lakeshore Rd.
Port Dover, ON N0A 1N3. 519-583-0706 Hours: 5 to 9 PM.

[Largo](#) Trattoria located at 301 Main Street, Port Dover, ON / [519-583-3337](tel:519-583-3337) 4 pm to close.

[Schofields](#) 243 Main Street, Port Dover ON N0A1N0 519.583.3400 11AM to 8 PM.

Family Shed Pizzeria (delivers as well)
301 Main St., Port Dover 519-583-1881

Southside Louie's (delivers as well)
201 Main Street, Port Dover
519-583-0920

Today's Beaches

- **Port Bruce – the Pier**
- Port Burwell Provincial Park (not directly on the route)
- **Port Burwell Main Beach**

- Long Point Provincial Park-Old Park Beach, (not directly on the route but a great side trip for people ending their ride at the Burning Kiln.
- Turkey Point Provincial Park, (not directly on the route)
- **Port Dover Beach**

Cycling Tip

Knowing when and how to change gears can really help you manage hills. If you'd like some gearing information, ask one of our amazing volunteers—they have a great knowledge and experience. Remember to use shuttles to make your day easier.

About the Great Lakes

As of 2017, more than 30 million people (10% of US and 30% of Canadian population) live in the Great Lakes basin, according to the Environmental Protection Agency (EPA).

More than 3,500 species of plants and animals inhabit the Great Lakes basin, including 170-plus species of fish.

They are a direct source of drinking water for 10 million Canadians.

About the Charity

The Waterfront Regeneration Trust is working with 26 municipalities to expand the Trail another 650 KM from Grand Bend to Espanola and from Tobermory to Collingwood. Funding to support this expansion has been provided by the Ministry of Tourism Culture and Sport.

Use these social media tags to share: #GWTA17 #CAASCO #BikeON

Instagram: @Waterfront_RT @ONGreenbelt

Twitter: @WaterfrontRT @GreenbeltCA

DAY 5 – THURS., AUGUST 10, 2017 **Greenbelt Day**

Port Dover to Hamilton 100 KM. Shuttle at the 55 KM mark.

Watch for the Trail switch at the 41KM mark. Check In: 3 PM

Maps: 1 to 6

Campers' Luggage Truck Departure: 8:30AM.
Please load your luggage before you depart for breakfast - all luggage should be loaded by 8 AM

Hotel Guests: Please leave your luggage in the **Reception Area of the hotel before heading to breakfast** - we will collect it and transport it to Mohawk College.

Port Dover to Hamilton via Brock's Route Greenbelt Day--Ontario's Greenbelt is 2M acres of protected countryside including environmentally sensitive areas and productive farmland.

Today's route is entirely rail trail along [Brock's Route](#), featuring a variety of surfaces from hard paved to crushed gravel. As we approach Hamilton we will be riding along sections of the *Greenbelt* Route. Relive the memories of the 2015 GWTA by wearing your Greenbelt jersey or simply wearing green! Please post your photos to Instagram and Twitter and don't forget the hashtags.

IMPORTANT NOTE:

Since we will be riding entirely on rail trail today it is not possible to offer the same level of mechanical support as previous days. There will only be one shuttle operating from Mohawk Chapel at a riding distance of 55km for the day. If you want to shorten your day's riding you should do so here.

For any mechanical issues the CAA Mobile Bike Assist will be stationed at certain rest stops but we recommend that you use the volunteers to assist you with minor mechanicals on the trail since it is difficult for our vehicles to locate you. Please ensure that you are carrying a charged cellphone and at the very least you are carrying a spare inner tube with you today.

Breakfast: 6:30 - 8:00 AM

Port Dover Community Centre, St George St, Port Dover, ON N0A 1N0 (next door to the campsite)
Campsite: 809 St George St, Port Dover, ON N0A 1N0

6:45 AM Shuttle to breakfast from Glamping at Long Point Eco Adventure

The CAA flatbed will be on site to pick up your bikes. Burning Kiln Winery vehicles will be shuttling you to breakfast in Port Dover this morning.

Port Dover breakfast promises to be unmissable! Look out for Port Dover apple donuts from local favourite "The Apple Place". Local sausages from Nyrs of Jarvis and local tomatoes from Matz's fruit farm.

1 KM Silver Lakes Lion's Park [Map 1]

320 St Patrick St, Port Dover, ON N0A 1N0

We will join the [Lynn Valley Trail](#) at Silver Lake Lion's Park in Port Dover - this is a quick 5-minute ride from the campground.

11 KM Simcoe Lion's Park (washrooms)

75 Davis Street East Simcoe [Map 2]

Simcoe Lion's Park can be accessed directly from the Trail and will be open for riders to use the washrooms and refill water bottles. The Trail becomes the **Norfolk Sunrise Trail** as it travels through Simcoe.

20KM Waterford Rest Stop 8:30-10AM [Map 2]

The Trail into Waterford is named the [Waterford Heritage Trail](#) - The Waterford Heritage Trail Committee will be hosting an early morning rest stop - look out for their signs on the trail and be sure to say hi.

The highlight of this section of the trail is **Waterford Black Bridge**, an old rail bridge that has been turned into a pedestrian bridge as a part of the Waterford Heritage Trail. This section of the

trail in Waterford goes over Waterford ponds and has beautiful views and lookout points.

Take some time out to visit the town of Waterford via the lower trail which travels under the bridge. We hear there are some amazing cupcakes and sweet treats available at [Robins Ritzy Cakes](#)

41 KM Trail Split - at Burtch Road - move to the LE&N trail - signs and volunteers on hand to alert you [Map 3]

41 KM Mount Pleasant Country Market-Suggested lunch stop

701 Mt Pleasant Rd, Mount Pleasant, ON N0E 1K0

As you travel through Mount Pleasant we leave Norfolk County and enter the County of Brant on the "TH&B Trail". We are in the **Heart of Ontario** now! We recommend you leave the trail at Burtch Road for a 500m side trip to visit the Mount Pleasant [Country Market](#) - a local favourite for breakfasts, lunches, bakery and deli products. The Windmill can be very busy at lunch time - the menu is fabulous and the sandwiches and baked goods fresh and delicious - please be prepared to wait in line if you are here between 12 and 1pm

Alternative lunch spots

50 KM [Map 4]

It may be difficult to find spots for lunch on the trail. If the Windmill is too busy for you, then about **8km further along the trail at Conklin Road**, come off the **trail turn left and ride 1.5 km** just past **Shellard** for a plaza with Subway, Pizza and chicken wings. [Map 4 ⑤]

51 KM Brantford Harmony Square [Map4 ⑥] **89 Dalhousie St., Brantford**

As you ride through Brantford on the trail you will see the downtown core ahead after you cross the river - Head to Harmony Square which has a splash pad and many restaurants around it

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DAY 5 – THURS., AUGUST 10, 2017 **Greenbelt Day**

Port Dover to Hamilton 100 KM. Shuttle at the 55 KM mark.

Watch for the Trail switch at the 41KM mark. Check In: 3 PM

including Works Burger which is registered as **Ontario By Bike** cycle friendly.

55 KM Mohawk Chapel-rest stop & shuttle point. 301 Mohawk St, Brantford, ON N3T

[Map 4 📍]

Shuttle schedule: 1:00pm and 2:15pm

Shuttle Pickup: Parking Lot

Shuttle Stops: Mohawk College

[H.M Royal Chapel of the Mohawks](#) is one of the oldest buildings in Canada. The chapel is located along the bank of the Grand River on Six Nations land. Built in 1785, Her Majesty's Royal Chapel of the Mohawks is the last remaining building of the original Mohawk Village, and is now the oldest surviving Church in Ontario. Artist David Mitson designed eight stained glass windows for the chapel. The windows depict significant events that interpret significant historical events for the Six Nations people. Also, inside the Chapel, above the altar are towering black metal plaques embossed with Christian prayers in old Mohawk language. Outside, the grounds of the Mohawk Chapel art the final resting places of historical figures Joseph and John Brant— a father and son who played key roles in the American Revolution, The War of 1812, and the displacement of Mohawks from other territories in New York.

The Mohawk Chapel is a beautiful historical site with so much to offer. Take a walk around the grounds to view plaques unveiled by Her Majesty the Queen, memorials of Joseph Brant, Pauline Johnson, Susan Hardie and more.

Heart of Ontario Tourism and City of Brantford Tourism will be on hand with water, fruit and granola bars as well as some cycling giveaways.

57 KM Kana:ta Village

After leaving the Mohawk Chapel and continuing on the trail you will ride past [Kana:ta Village](#) Kana:ta Village is a centre for learning and cultural destination designed to highlight the rich

and diverse cultures of the Six Nations of the Grand River (Haudenosaunee/ Onkwewehonweh) and other Indigenous peoples from across Turtle Island.

67 KM Heart's Content Organic Farmstead Greenbelt Rest Stop. [Map 5 📍]

27 Ronald Rd., RR #8 Brantford, ON N3T 5M1
Stop at Hearts Content for a water refill or a glass of iced tea and one of Richard Tunstall's homemade organic cookies, some cheese or fruit. This is our "Greenbelt" stop for the day.

84 KM Dundas Valley Conservation Area Visitor Centre - washrooms and refreshments 650 Governors Rd, Dundas, ON L9H 5E3 [Map 5 📍]

Don't miss the Dundas Valley Trail Centre, a replica of a Victorian train station, and the hub of the valley's trail network. Summer weekdays the centre is open 8:30 AM to 3 PM. The Centre has a food concession, interpretive displays, brochures and maps detailing the Dundas Valley. Note Support Vehicle cannot access this site.

100 KM Mohawk College Overnight Accommodation. [Map 6]

135 Fennell Ave W, Hamilton, ON L9C 1E9

Mohawk College were such great hosts on the 2015 GWTA that we decided to return in 2017. **Check in is 3 PM.** Vicki will be there to hand out your room keys and tomorrow's itinerary.

6-8:00 PM Cash Bar at the Arnie.

6:30 to 7:30 PM Buffet Dinner

Greenbelt Foundation Sponsored Dinner

Join us for an included dinner in the Mohawk College Student Union building to celebrate Ontario's award-winning Greenbelt. Dinner will be served on campus in the Arnie.

Shuttles to the Quilt of Belonging Exhibition

Shuttle Schedule: 4 to 5 PM and 8 and 9 PM

Shuttle provided by Heart of Ontario Celebrate Canada's 150th and Share the Stories that Make Canada Special Peace by Piece: Stitching Together Canada's Stories. Cotton Factory, 270 Sherman Ave., N., Hamilton, ON Sign Up at the info tent if you are interested.

The Quilt of Belonging is a collaborative textile art project on a national scale that is comprised of 263 blocks representing Canada's main Indigenous groups and every world nation who are all part of Canada's social fabric. Each group was invited to produce a piece of fibre art, with the textiles, techniques and symbols that represent their cultural beauty. The Quilt is enormous at 10 feet high, and 120 feet long, and very beautiful. Each person who views it will experience it differently as it represents their own story and background. It is quite spectacular and moving. The tour is compliments of Heart of Ontario

About the Greenbelt Route

The 475 km Greenbelt Route was created in 2015, in a partnership between the Greenbelt Foundation and the Waterfront Regeneration Trust, to connect the diverse landscapes of Ontario's protected Greenbelt. The Greenbelt Route connects with the Great Lakes Waterfront Trail to form an iconic cycling network that throughout the Lake Ontario watershed. The WRT and Greenbelt Foundation are working on 1,000 km figure 8 loop using both trails.

Ontario By Bike is cycle tourism partner that has trained and registered 1300+ businesses as bike friendly in Ontario. www.ontariobybike.ca for trip ideas on Ontario's trails.

Thank you to the Greenbelt Foundation and the Heart of Ontario for their support for the GWTA 2017.

Use these social media tags to share: #GWTA17 #CAASCO #BikeON

Instagram: @Waterfront_RT

Twitter: @WaterfrontRT

DAY 6 – FRI., AUGUST 11, 2017

Hamilton to Toronto 86 KM. Shuttle at 54 KM marks. Note the change of scale on maps.

Check In at 3:00 PM

Maps 1-13

7:00 AM Breakfast will be served at The Arnie, Mohawk College, 135 Fennell Ave W, Hamilton, ON L9C 1E9

Luggage: All luggage MUST be loaded by 8 AM. Please leave your luggage by the luggage truck in the parking lot before heading to breakfast.

[Map 1 and Map 2] This morning we descend the Escarpment as we leave the City of Hamilton. Look out for Dundurn Castle on your right as we ride along York Boulevard towards Burlington. Dundurn castle is a historic neoclassical mansion; the 18,000-square-foot house took three years and \$175,000 to build, and was completed in 1835.

15 KM LaSalle Park, Burlington [Map 3]

20 KM Burlington Spencer Smith Park – Burlington Bike Fest and Rest Stop [Map 3 and Map 4]

1400 Lakeshore Rd, Burlington, ON L7S 1Y2
The City of Burlington is hosting Burlington Bike Fest from 9:00am to greet GWTA riders and celebrate Ontario's 150th birthday. Join the cycling community in Burlington for water, snacks, fruit and cycling giveaways. With the help of local bike shops and Burlington Cycling Committee the City will be providing bike maintenance and bike safety talks.

The Waterfront Trail uses the path that runs parallel to the south side of Lakeshore Rd. However many road cyclists prefer the road.

25 KM Paletta Lakefront Park [Map 4]

Washrooms and wonderful gardens but the entrance can be easy to miss.

28 KM Burloak Regional Park [Map 5]

Turn off the path and head through the parking lot at Burloak Park to see the incredible new park

and access to the water's edge that has been created.

**31.8 KM Bronte Harbour [Map 5]
49 Bronte Rd, Oakville, ON L6L 3B6**

Bronte is a charming lakefront village on the shores of Lake Ontario. To celebrate Ontario's 150th birthday Bronte is hosting the "At Home in Bronte" Public Art Exhibition. More than 60 uniquely designed Muskoka chairs, painted by Oakville artists, families, organizations and businesses will be placed throughout Bronte Heritage Park and Bronte Pier for the enjoyment of all visitors. Each chair celebrates the national pride, historic achievements and cultural diversity of Oakville, Ontario and Canada on the 150th Anniversary.

Pick up a coffee from local independent coffee shop [Taste of Columbia](#) and take a seat. It's the perfect spot for a photo sitting in one of the chairs don't forget to post to Instagram or Twitter with the hashtags #BikeON #Ontario150 #AtHomeinBronte

**39.5 KM Tannery Park, Oakville. Town of Oakville Rest Stop [Map 6]
Walker Street, Oakville, ON L6K 3R7**

Tannery Park is a newly refurbished park in Oakville and is home to an observation deck, funky artwork, the HMCS Oakville Cairn and an information plaque commemorating the importance of the HMCS Oakville in the history of the Town. Town of Oakville Staff will be on hand with water and snacks!

40 KM Downtown Oakville [Map 6]

The bridge on Lakeshore is closed so a detour north to Rebecca Street and south to Robinson St has been arranged. There is wonderful path at the water's edge. Due to its popularity with walkers and narrowness we are using an alternate provided by the Town. Once you have crossed 16 Mile Creek it's worth taking a trip along Lakeshore Road for unique artisan shopping and some

amazing independent coffee shops. Check out [Tribeca](#), [Gold Star Cafe](#) or [Aroma](#) for your caffeine fix.

45 KM Gairloch Gardens [Map 7]

It's worth a quick detour to check out these beautiful formal lakeside gardens. The rose garden is particularly stunning. High Lake Ontario water levels mean that the waterfront is temporarily closed.

**53 KM Bradley Museum Rest Stop [Map 8]
1620 Orr Rd, Mississauga, ON L5J 4T2**

The two-acre Bradley Museum is located on the edge of Lake Ontario, nestled in a 70-year old maple grove. The site has accessible nature trails, connects to the Waterfront Bike Trail and is near Rattray Marsh. The Bradley Museum complex consists of four buildings, all designated Ontario Heritage sites. City Staff and members of the Mississauga Cycling Committee will be on site to greet participants, provide water.

Rattray Provincially Significant Marsh—at Orr and Meadow Wood Rd there is a trail junction—veer left to cycle through neighbourhood streets. Veer right to reach Rattray Marsh—where you MUST walk your bike on the 1.5km boardwalk.

57 KM JC Saddington Park and Port Credit & Shuttle Point. 53 Lake St., Mississauga [Map 9]

Shuttle Schedule: 2 PM

Shuttle Pickup: Parking lot off Lake St.

Shuttle Stop: George Brown Residence

Located on the west side of the Credit River, JC Saddington park is a short walk from the Port Credit. Port Credit has a marina and lighthouse where there are public washrooms, and there are some excellent options for lunch in this Mississauga waterfront community. For a view of the lake [Snug Harbour](#), a seafood restaurant located at 14 Stavebank Rd. S, can't be beaten. There are many other more casual alternatives on Lakeshore Road. If you want to end your ride

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DAY 6 – FRI., AUGUST 11, 2017

Hamilton to Toronto 86 KM. Shuttle at 54 KM marks. Note the change of scale on maps.

Check In at 3:00 PM

here, you've time to take in lunch before heading back to the Shuttle pickup point in JC Saddington Park.

65 KM Marie Curtis Park [Map 9]

Marie Curtis Park marks the boundary between Mississauga and Toronto - it's a nice place to stop for an ice cream and some people-watching. The GWTA shuttle will be on hand for those who wish to end their day here. There is some construction to negotiate around as you head into the park which should be no problem if you slow down.

75 KM Humber Bridge [Map 11]

This pedestrian and bicycle arch bridge offers breathtaking views of the Toronto skyline. It has become a popular landmark on the waterfront. - it's a perfect spot for a photo - don't forget to post to Instagram with the hashtags #BikeON #Ontario150

81 KM Trillium Park (Formerly Ontario Place) [Map 12] Turn right at Ontario Blvd.

[Toronto's newest public space](#) built on the former site of Ontario Place is stunning with undulating topography offering wonderful views of the iconic Toronto skyline. Take a moment to find the moccasins craved into the rock face as a tribute to First Nations. There are 1200 varieties of indigenous trees and shrubs planted in the park.

It is possible to access the grounds from the west entrance of the old Ontario Place Park, and use the perimeter trail to access the new park. Take the road **up** to the main entrance and head into the park. It is a bit awkward getting in but a treat to see. If you are short on time, turn right at Ontario Blvd to head in for a quick visit of Trillium Park.

83 KM Queens Quay – This is busy multi-use path. Please slow down. Please obey the rules and signals. Be careful. At any point on this section of trail you can turn off and head toward

the lake to enjoy great views of the lake, shop, appreciate the art and incredible park designs.

Check in is not until 3 pm so take the time to get to enjoy and explore this vibrant part of the waterfront. It is only 5 km but it is packed with great stuff! We suggest: a visit to Ireland Park (haunting sculptures), meander through the Music Garden and find the viewing post in Spadina Quay Wetland (formerly a barren parking lot), shop at the fabulous stores and artist studios at Harbourfront, sip a glass of something cold on a patio, and warm your toes in the sand at Sugar Beach. Instagram your favourite find. #BikeON #GWTA17

86 KM George Brown College. [Map 13]

80 Cooperage St., Toronto, ON M5A 0J3 - check in opens at 3pm
Cross Cherry Street at the lights and take bike lane north along Cherry Street to arrive at the stunning [George Brown](#) residences (on your left). Built as the athletes' village for the 2015 Pan Am Games - the dorm rooms are very modern and sophisticated. GWTA participants are one of the first groups to stay in this amazing downtown location.

The Residence is handily located for the bustling [Distillery District](#) - check into your room and head out to explore the neighbourhood. The nearest LCBO (liquor, wine and beer store) is 222 Front St. East-less than a kilometre from the Residence.

Celebration Dinner and GWTA Slide Show thanks to Simon Wilson.

6 PM Reception

6:30 PM Dinner served buffet style.

Tonight, we will dine together in the George Brown College Conference room and celebrate our achievements and new friendships. Our photographer Simon Wilson's photos from the week will be on display too - always a highlight!

Dinner starts at 6pm - to leave you plenty of time to hit the town later! Dinner comes with a complimentary glass of Burning Kiln wine or Steam Whistle Beer thanks to those wonderful sponsors. We will provide you with a ticket. Non-alcoholic beverages available with dinner. There will not be a cash bar.

Today's Beaches--

- **Beachway Park, Burlington**
- **Brant Street Beach, Burlington**
- **Bronte Beach Park, Oakville**
- Coronation East, Oakville –closed due to flooding
- **Jack Darling Memorial Park, Mississauga**
- **Richard's Memorial Park, Mississauga**
- **Lakefront Promenade Park, Mississauga**
- **Marie Curtis Park East, Mississauga**
- **Humber Bay Park East, Toronto** (not directly on the route. Unmonitored)
- **Humber Bay Shores Park, Toronto** (not directly on the route. Unmonitored)
- **Sunnyside Park, Toronto**
- **HtO Park and Urban Beach, Toronto** (no swimming access)
- **Sugar Beach, Toronto** (no swimming access)

Use these social media tags to share: #GWTA17 #CAASCO #BikeON

Instagram: @Waterfront_RT

Twitter: @WaterfrontRT

DAY 7 – SAT., AUGUST 12, 2017

Toronto to the Rouge National Urban Park 42.6 KM

7 AM Breakfast will be served in the George Brown Residence, where we had dinner.

Luggage: All luggage must be loaded by 8 AM. Please leave your luggage by the luggage truck in the parking lot before heading to breakfast.

[Map 1] This morning we ride through the Toronto Port Lands. Signs of the industrial past abound but a major transformation is underway that will include naturalizing the mouth of the Don River and creating a mixed-use community with parks and greenspaces

3 KM Clarke Beach Park or Cherry Beach

[Map 1] Cherry Beach is a popular spot for wind surfers and stand up paddle boarding. With Toronto harbor behind us, you'll find many places along the waterfront where you can wade into the water or grab a swim.

The Beach [Map 2]

This is very popular part of Toronto's waterfront—great beach and loads of cafes, shops and patios on nearby Queen St. Cyclists use the asphalt path; walkers the boardwalk. Please slow down. There are kids and the surface of the paved path may be ruptured by the occasional tree root. Enjoy the ambiance and be safe. Ride the path all the way to the RC Harris Water Treatment Plant where you turn left at Sliver Birch and head up to Queen Street.

10.7 KM Queen Street—you will be cycling on Queen Street for about 1 km. There are no cycling facilities so please use caution. As you climb the hill on Fallingbrook, you'll recognize we are headed to the Scarborough Bluffs.

Rosetta McClain Gardens—stunning gardens and a washroom. Please dismount and walk your bike if you go into the park.

17.4 KM Detour at Undercliff [Map 3]

Our volunteers will direct you north on Scarborough Crescent to avoid Undercliff and a narrow path with a steep incline that connects to Chine Rd. Careful as you ride on Kingston Road for just under a kilometre—you'll soon reconnect to the Trail.

The Scarborough Bluffs are an iconic natural wonder located at the doorstep of Canada's largest city. They mark the shoreline of an ancient lake. Towering above Toronto's Lake Ontario waterfront they offer strikingly beautiful natural greenspaces and support increasingly rare habitats for a wide variety of fish, birds and other wildlife. The long-term vision is a trail set in a waterfront greenway at the foot of the bluffs. A multi-year planning process for this proposal is well underway and will create 11km of Trail by the water and new beaches.

26.9 KM Guild Inn [Map 4]

Construction in the park means you will be routed onto Livingstone and then Guildwood Parkway. The construction means exciting changes coming.

32 KM East Point Park-Public Washrooms

35 KM Rouge Hill GO Station & Trail to GO [Map 5]

The regional commuter rail system runs parallel to the Trail, rarely more than 2 to 3 kilometres from it. In partnership with Metrolinx and communities the Waterfront Regeneration Trust has signed 11 active transportation connections from the track to the trail and from the trail to the nearest train station.

39.5 KM Rouge National Urban Park [Map 5]

Parks Canada, the GWTA team and riders will cheer you across the finish line to receive your special 10th Anniversary medals.

About the Rouge National Urban Park

A rich assembly of natural, cultural and agricultural landscapes, Rouge National Urban Park is home to amazing biodiversity, some of the last remaining working farms in the Greater Toronto Area, Carolinian ecosystems, Toronto's only campground, one of the region's largest marshes, unspoiled beaches, amazing hiking opportunities, and human history dating back over 10,000 years, including some of Canada's oldest known Indigenous sites. The park is 13 times the **size** of New York's Central **Park**. Parks Canada is planning to expand the park's trail network from 12 kms by adding dozens of new trails in effort to provide a contiguous connection from Lake Ontario to Oak Ridges Moraine.

42.6 KM Port Union Community Centre 5450 Lawrence Ave E, Toronto, ON M1C 3B2 [Map 5]

After celebrating at the mouth of the Rouge River, part of Canada's first National Urban Park, head back along the trail (the same way you came) to Port Union Rd where you will head over to the Community Centre, long-term parking and your luggage. Route is marked on the maps.

Charter Bus departs for Point Pelee National Park at Noon.

Please complete the GWTA Survey when you receive it via email.

You will receive the GWTA survey in the next few days. Please complete it—it has proven to be an effective tool to advocate for improvements. In addition, it is a great way to learn your ideas for improving the event.

Big hug of gratitude to our team of volunteers, the CAA, Parks Canada, the City of Toronto and other event partners.

Thank you for joining us this year. We hope to see you again soon!