

Use these social media tags to share: #GWTA18 #CAASCO #BikeON # ONGREENBELT

Instagram: @Waterfront_RT

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DAY 01 – SUN, JULY 29, 2018

Ajax to Cobourg: 99km Approx.

Greenbelt Day!

REGISTRATION

Greenbelt Day

Celebrate Ontario's protected countryside with us by wearing your 2015 Greenbelt Route jersey or adding a touch of green to your cycling ensemble.

Registration and Luggage Drop-off - 7 to 8 am:

Rotary Park Pavilion, 177 Lake Driveway W, Ajax, ON L1S 7J1. (Point 1, Map 1 on your route maps).

- Register and sign your waiver and photo release
- Tag and drop-off luggage

Free Long Term Parking - Lakeside Public School:

4 Parkes Dr, Ajax, ON, L1S 4X1
Long term parking is only a short 800m walk/ride from Rotary Park (campground and registration). Once you park, ride your bike to Rotary Park Pavilion for breakfast.

GWTA Shuttle - Hilton Hotel to Rotary Park – 7:30am:

If you don't have ride from the Hilton Hotel to Rotary Park (launch), then meet our volunteers in the parking lot outside the front lobby with your bike and luggage.

Breakfast - Rotary Park Pavilion – 8 to 9am:

177 Lake Driveway W, Ajax, ON L1S 7J1
Provided by Central Counties Tourism.

Opening Ceremonies and Start - 9 am to 9:30:

At 9:30 we will pose for a group photo and begin with a slow-roll. This is a popular multi-use path. Please go slowly, enjoy the view — it is the result of years of investment and work, and take care to share the trail.

10km - Lynde Shores Conservation Area:

Just 10 km in and we've passed three wetlands—first Carruthers Creek in Ajax, then Lynde Creek

Marsh and Cranberry Marsh in the Lynde Creek Conservation Area. The Conservation Area provides excellent habitat for nesting birds and acts as an important stopover point for waterfowl and shorebirds migrating along the north shore of Lake Ontario. In 2015, the Waterfront Regeneration Trust partnered with the Central Lake Ontario Conservation Authority, Province of Ontario, Region of Durham and Town of Whitby to connect to two provincially significant marshes to the Waterfront Trail.

12km - Rest stop - Port Whitby Marina, Avalon Lounge – 10 to 11am [Point 2, Map 2]:

301 Watson St W, Whitby, ON L1N 1A2
The Town Whitby welcomes participants in Avalon Lounge. Refill your water bottle and take in the views from the clubhouse. Located on one of the finest natural harbours on Lake Ontario, Port Whitby Marina has received a 5 Diamond Boating Ontario Clean Marine Environmental Audit Program rating (one of only 12 marinas in the province with this rating).

25 km – Rest stop - Lakeview Park, Oshawa – 10:30 to 11:15am [Point 3 Map 4]:

55 Lakeview Park Ave.

32 km – Darlington Provincial Park Store - 11:00 to 11:30 am [Point 4, Map 5]:

Take a brief detour to the Park Store to cool off with an ice cream!

41 km – Optional Lunch – Bobby C's Dockside Restaurant - 11:30 to 12:30pm (approx.) [Point 5, Map 6]:

(On your own)
70 Port Darlington Road, Bowmanville
Water and washrooms. Bobby C's is offering GWTA riders a picnic lunch for \$14. Take your

bagged lunch and head over to East Beach Park and enjoy your meal with a great view of the lake.

- Options: Chicken or vegetarian wrap with a piece of fruit, drink and brownie square.

Last food stop for 30km!

50 km — Water Stop & Shuttle Point - Bond Head Parkette – 12 to 1pm [Point 6, Map 8]:

- GWTA Support Van available to refill your water bottle.
- GWTA shuttle leaves at 1pm.
- Last port-a-potty before Wesleyville Church.
- Nice little beach where you can wade into Lake Ontario (or eat the lunch you picked up from Booby C's)

70 km – Rest Stop & Shuttle Point- Wesleyville Church - 12:30 to 3pm [Point 7, Map 8]:

2082 Lakeshore Rd, Port Hope, ON L1A 3V7

- GWTA shuttle to campground and hotels, leaves at 2:30 and 3:00pm.

Sample Clarington's fresh produce: blueberries from the [Wilmot Orchard](#), fresh-picked apples from [Algoma Orchards](#) and apple wine from [Archibald's Orchard and Estate Winery](#). Clarington's Active 55+ is offering a special treat to accompany a bowl of ice cream from the [Courtyce Flea Market](#) and the [Enniskillen General Store](#). For energy try a couple of power bars from OPG-Darlington. Relax at the best rest stop going compliments of a partnership with the [Friends of Wesleyville](#), Municipality of Clarington, the Municipality of Port Hope and hosted by Clarington Cycling Club.

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84 km —Optional Lunch/Patio Stop – Port Hope – 2 to 4 pm [Point 8, Map 9]:

Suggested lunch/snack stops are listed on your map. Follow Ridout St and Walton St into downtown Port Hope for several great options to grab a late lunch, shop at unique stores or take in patio break.

[Dreamer's Cafe](#) (2 Queen Street) is the only place you'll find the Crazy Cookie. A deliciously alchemical admixture of chocolate, caramel and pecans, baked for 5-hours. Highly recommended to us by many cyclists!

The Great Lakes Waterfront Trail meets the Greenbelt Route in Port Hope at the intersection of Mill and Dorset.

Port Hope is celebrated as having the Province's best-preserved 19th century downtown streetscapes and streets lined with one-of-a-kind historic homes.

90 km – Betty's Pies and Tarts (optional) – 2 to 4pm [Point 9, Map 10]:

7380 County 2 Rd, Cobourg, ON K9A 4J7, between Port Hope and Cobourg
[Careful Crossing County Rd 2](#)

Award-winning pies and butter tarts. They offer their standard plain, raisin & pecan butter tarts, as well as a delicious Peanut Butter and Jam tart.

99 km – Campground & Finish - Victoria Park, Cobourg – 3 to 5pm [Point 10, Map 11]:

Victoria Park, 138 Division St, Cobourg, ON K9A 3P3 in the park ([as opposed to the campground](#))

- [Luggage](#) will not be available at the campground until 3pm – please allow our volunteers time to unload luggage.
- [Comfy Campers](#) sites open at 3pm.

- Showers and washrooms are available at the YMCA Pool from 5 pm and through the evening.

Tonight we camp just a short walk away from Cobourg incredible white sand beach and its heritage downtown businesses.

Secure Bike Storage for GWTA Campers - Cobourg Police Garage – 2:30pm to 6pm [Point 11, Map 11]:

107 King Street, Cobourg

- Accessed from Spring/ Hibernia street. Officers will be on hand to direct you.

Post Ride Reception / Meet and Greet – Oasis Bar and Grill - 6:30pm to 7:30pm [Point 12, Map 11]

[Sponsored By Greenbelt Foundation](#)

31 King St E, Cobourg, ON K9A 3P8

The Greenbelt Foundation will be providing appetizers and a cash bar is available. Please note – this is NOT dinner, although you may wish to stay on at the Oasis and order dinner on the patio – there's live music every Sunday night!

Hotels

Best Western

930 Burnham St, Cobourg

Access via Burnham St (left turn). Dismount and use walkway for a short stroll to the hotel site, opposite the Jubilee Park info centre.

A shuttle is available at 6pm to take you to the post-ride reception.

Breakers on the Lake

65 Green St, Cobourg

Located at the waterfront terminus of Green Street, just west of Victoria Park.

Reception Shuttle For Hotel Guests

Departs the Best Western at 6pm.

Returns to the Best Western at 8:30 pm and 9:30 pm.

Meet the Shuttle in the parking lot behind the Oasis Bar and Grill.

GWTA 2018 Route Available on Ride with GPS

Download the GWTA 2018 route! Visit

www.ridewithgps.com → Find → Keyword: GWTA 2018

CAA Mobile Bike Assist - Download the App.

CAA's support goes beyond the incredible Mobile Bike Assist and Shuttle Services.

About Greenbelt Day

The Waterfront Regeneration Trust and Greenbelt Foundation have enjoyed a wonderful partnership that unites our visions for a healthy, sustainable watershed and protected countryside. *Together we are working for a watershed that is permanent, protected, prosperous and precious. A legacy for the next generation.*

About the Greenbelt Route

The Greenbelt Route is a provincial cycling route from Northumberland to Niagara using a combination of roads and trails. It was developed by the Waterfront Regeneration Trust in partnership with the Greenbelt Foundation and Transportation Options to showcase Ontario's protected countryside and establish connections to the Great Lakes Waterfront Trail. For more information on the Greenbelt Route visit www.greenbelt.ca/#explore.

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About the Greenbelt Foundation

Ontario's Greenbelt is the solution for fresh air, clean water, healthy local food, active outdoor recreation, and a thriving economy. At 2 million acres, it's the world's largest permanently protected greenbelt. The Greenbelt preserves diverse and scenic landscapes such as the Oak Ridges Moraine and the Niagara Escarpment, keeping our farmlands, forests and wetlands safe and secure. The Friends of the Greenbelt Foundation works to help keep farmers successful, strengthen local economies, protect natural features, and promote sustainable growth. Learn more at greenbelt.ca.

Many thanks to our partners:

CAA
Town of Ajax
Greenbelt Foundation
Ontario Power Generation
Central Counties Tourism

ABOUT THE GWTA--Honorary Tour Director & Ambassadors.

Every year we invite politicians and community leaders to join the GWTA as ambassadors. They meet mayors and councilors along the route to celebrate the 140+ community partnership that makes the Trail possible.

2016 Honorary Tour Director and Ambassadors

Steve Parish, Mayor of the Town of Ajax
Joanne Dies, Town of Ajax Councillor
Bev MacDougall, City of Sarnia Councillor
Peter Delanty, Retired Mayor of Cobourg
David Henderson, Mayor of the City of Brockville
Diane Freeman, City of Waterloo Councillor
Cindy Hillaby, CAA SCO
Stephanie Woodworth, Waterlution/TRCA
Keith Laushway, Chair, Waterfront Regeneration Trust

About the Charity

The **Waterfront Regeneration Trust's** mission is to **Protect, Connect and Celebrate** the earth's largest group of freshwater lakes by creating **the Great Lakes Waterfront Trail**. We envision a Trail that is an integral part of each ecosystem it connects, that contributes to the ecology, economy, heritage and well-being of every community that participates, and that serves as the first step towards a regenerated Great Lakes waterfront.

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NOTICE: DAY 04 – WEDNESDAY AUG 1, 2018
OPTIONS

OPTIONAL THOUSAND ISLANDS CRUISE AND DINNER KAYAK EXPERIENCES

Get out on the St. Lawrence with two optional experiences on the 4th day of your GWTA 2018 journey (Wed, Aug 1): The Heart of the Islands Cruise with Rockport Cruises in Rockport and the Dinner / Kayak with Thousand Islands Kayaking in Brockville. Additional fees apply for each. Not included in your GWTA registration.

Reservations should be booked 48 hours in advance. If you're considering going, we encourage you to book today!

Rockport

Rockport Cruises - Heart of the Islands Cruise
Runs at 11am and 12 noon – we recommend booking for the 12 noon cruise.
Call 1-800-563-8687 to make your reservation.

Reservations should be made in advance:
The special rate for the cruise is \$30.00 (Cruise \$18 and Lunch \$12) please pay on arrival on August 1st at designated window at the ticket booth. When reserving please use #GWTA2018 in "Additional Information" as the group code. Any dietary restrictions, such as gluten free or vegetarian/vegan should also be listed there.

The boxed lunch will consist of a sandwich, drink (juice/other than water), apple and cookie/treat and will also be available to purchase for non-cruising riders.

Sandwich options:

- Ham or Ham & Cheese on whole wheat or gluten-free bread
- Vegetarian/Vegan option: Baby Spinach, Black Beans, Corn, Tomatoes, Peppers & Cilantro on a soft Tortilla

Over 100 seats are available on the cruise but bikes must be left on shore in designated bike parking area – please bring your lock!

Brockville

Thousand Islands Kayaking - Brockville Dinner Kayak (additional fees apply)

Please register for the dinner kayak by phone with Thousand Islands Kayaking at 613-329-6265; full payment is required to secure the booking. Please book with at least 48 hours notice, to ensure that the trip is properly staffed. Please mention the Great Waterfront Trail Adventure to receive the special pricing of \$95 per person.

What's Included:

- Sea kayaks
- All kayaking equipment (PFDs, pumps, ropes, drybags, wind breakers)
- Guides (on water, and on-land instruction, stories of the local ecology and islands)
- Dinner
- Storage facility at Brockville, if anyone wishes to leave anything behind
- Free photos: our guides will actively be taking photos throughout the tour, and we will send these photos via emails provided the following day).