

GUIDE+

MAP

300 km connecting
Parry Sound to loops
around Lake Muskoka
and Lake Rosseau.

10 Communities.
38 Lakes.

Muskoka & Parry Sound

Recreational Trail. Trail users assume all risks.
Suited for experienced cyclists comfortable
cycling on road alongside traffic.



How to Donate

Support our work to improve, expand and promote the Trail and the values it represents.

www.WaterfrontTrail.org



The Waterfront Regeneration Trust and Partners

The Waterfront Regeneration Trust is a charity working with 170 communities & First Nations to protect, connect and celebrate the world’s largest group of freshwater lakes.

The 3,600 km Great Lakes Waterfront Trail is a mixed on-road and off-road recreational trail and the first step in a broader strategy to regenerate the waterfront's ecological health, sense of community, and economic vitality. Support a waterfront that is clean, green, accessible, connected, open, usable, diverse, affordable, and attractive.

Muskoka & Parry Sound

Experienced cyclists will love exploring Parry Sound, Seguin and Muskoka, the ultimate outdoor playground, on the Great Lakes Waterfront Trail! Discover Parry Sound and Muskoka by bike!

- **300 km** of signed cycling for multi-day tourism or day rides
- **4 Signature Cycling Loops**
- **Explore the Near-North**— Towering forests and rock formations of the Canadian Shield
- 10 welcoming communities
- 38 beautiful northern lakes

FACILITY NOTE *Cycling in Muskoka is best suited for experienced cyclists comfortable cycling on road, in some cases alongside high-volume traffic including trucks.*

Download the full itineraries: WaterfrontTrail.org

All Parry Sound and Muskoka Drive-and-ride itineraries with suggested off-bike experiences are free to print and download, including maps. These experiences are easy to print at 1-5 pages and include suggestions on where to stay, eat, paddle and hike.

Finding the Itineraries

CLICK ON [The Trail](#) → [Georgian Bay, Muskoka and Parry Sound](#)

Other Self-Guided Cycle Tours

CLICK ON [Trip Ideas](#) → [Self-Guided Cycle Tours](#)

Check out other trip guides along Lake Ontario, Lake Erie, and Lake Huron, based on the popular Great Waterfront Trail Adventure cycle tour.

Available on Ride with GPS

VISIT [The Trail](#) → [Georgian Bay, Muskoka and Parry Sound](#)

Follow the route in the app including audio cues. Download the route for offline use or export it for your gps device. The app complements rather than replaces the itineraries.

Parry Sound to MacTier 10 Lakes Loop

RATING: MODERATE
Paved. Rural roads. Seasonally Busy. Rose Point Trail alternate route is a rough gravel path suitable for mountain and hybrid bikes.

TRAIL LENGTH
87 km

EXPERIENCE
Ride from Parry Sound’s rugged Georgian Bay shoreline to MacTier—gateway to the pristine lakes and wilderness of Muskoka’s north.

📍 Points of Interest

Parry Sound <i>James Street</i> Bakery, bayside eateries, Bearly Used Books, & more. <i>Waubuno Beach</i> Blue flag beach.	Killbear Provincial Park MacTier Historic railway, beach and a visit to Chef Henrie Bistro & Cafe for authentic Austrian cuisine. Cruises & Sightseeing Explore the 30,000 islands.
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Lake Muskoka Loop

RATING: ADVANCED
Paved roads. Some without shoulders. Seasonally busy. Hilly. Riding counter-clockwise is recommended.

TRAIL LENGTH
94 km

EXPERIENCE
Ride roads of rolling hills framed by the spectacular scenery looping the heart of Cottage Country, connecting Bracebridge, Port Carling, Bala and Gravenhurst.

📍 Points of Interest

Gravenhurst Steam ship tours, restaurants, breweries, and more!	Hardy Lake Provincial Park 15 km of beautiful hiking trails.
Bracebridge Bracebridge Falls, local eateries, cruises and water sports.	Muskoka Lakes Farm & Winery Trails, tours, tastings, excellent food and cranberries!

Lake Rosseau Loop

RATING: ADVANCED
Paved. Rural roads, some without shoulders, seasonally busy. Very hilly; riding clockwise is recommended.

TRAIL LENGTH
69 km

“Challenging but spectacular, worth the effort for the scenery, views and communities.”

EXPERIENCE
Coast and climb through the scenic embrace of the beautiful Canadian Shield. This challenging ride rewards you with exceptional views and exultant downhills.

📍 Points of Interest

Rosseau <i>Rosseau Pizzeria</i> Rosseau Waterfront Park. <i>Rosseau Falls</i> Rosseau Lake Rd 3.	Port Carling Muskoka Lakes Museum, Port Carling Wall, a massive photo mosaic comprising 9028 pictures of the village’s first century.
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Bracebridge Golden Beach Loop

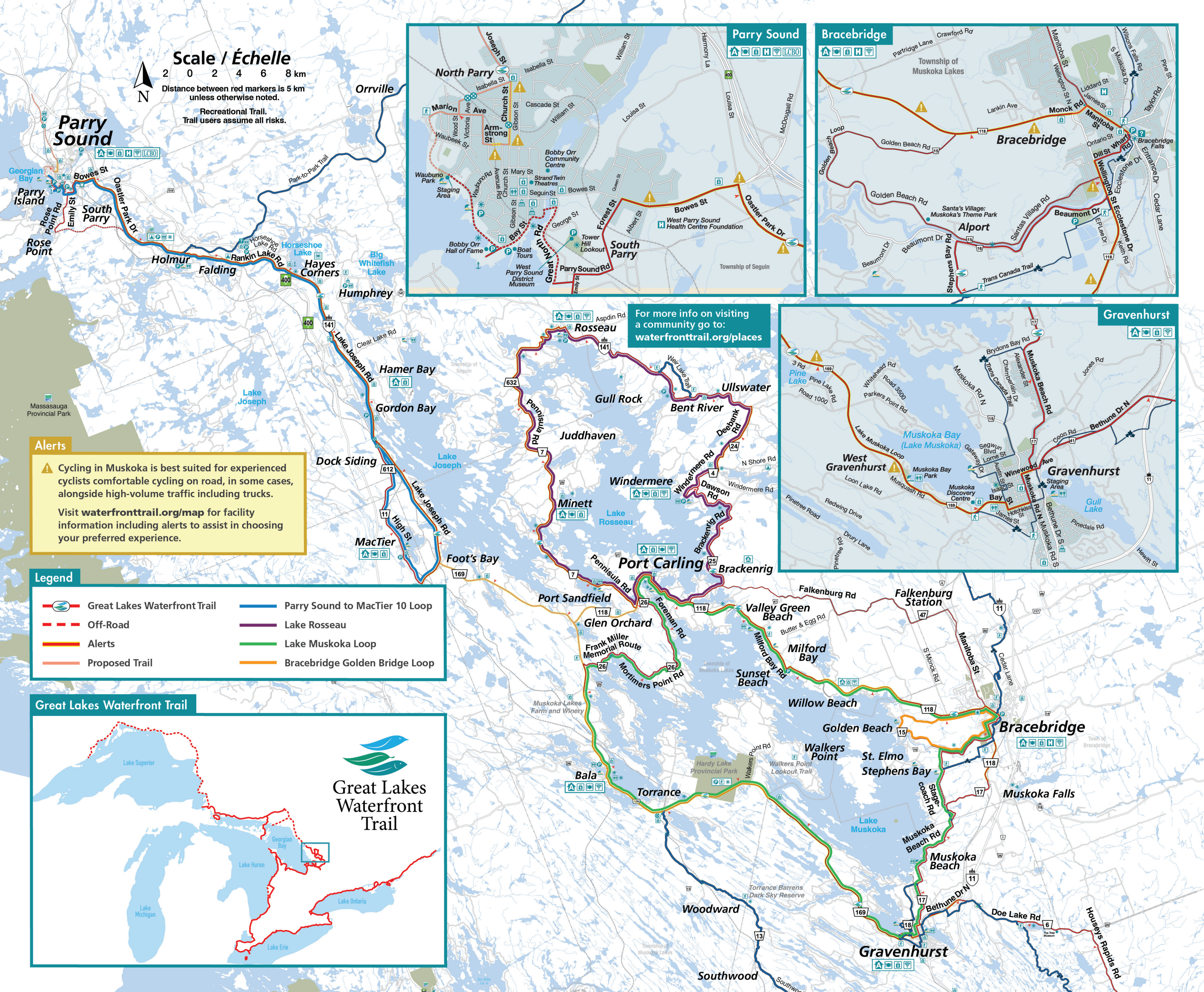
RATING: MODERATE
Paved. Mostly on quiet roads with 4 km on busy roads; 2 km without shoulders. Rolling hills.

TRAIL LENGTH
16 km

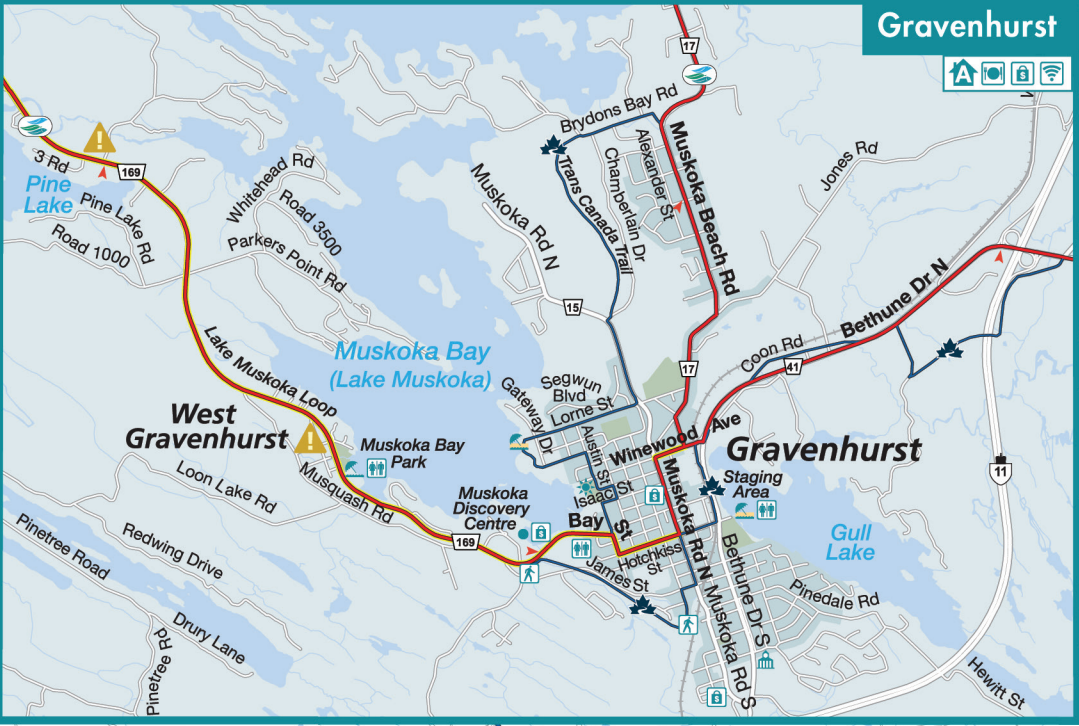
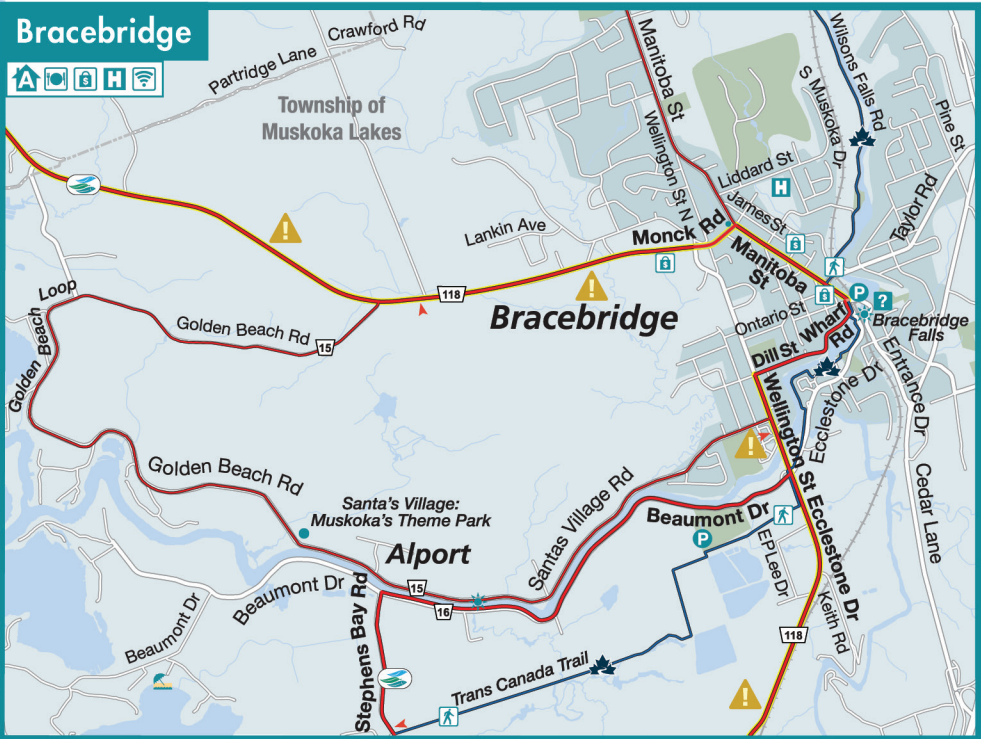
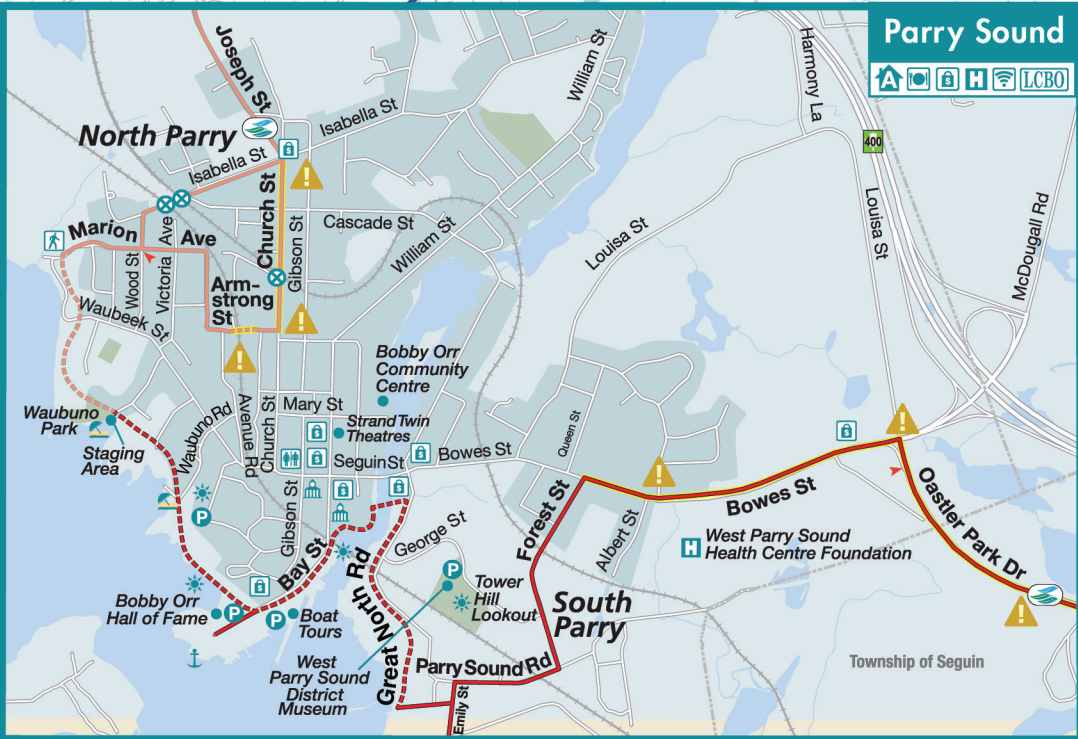
EXPERIENCE
Explore Bracebridge by bike—a town of cascading waterfalls branded “the heart of Muskoka. This loop follows the serene Muskoka River as it makes its way journey to Lake Muskoka.

📍 Points of Interest

Santa's Village Muskoka’s theme park.	Bracebridge Falls Located near Bracebridge Bay and the Downtown core, Bracebridge Falls is an iconic destination to visit by bike, on foot, or on the water.
Bowyer's Beach Park Halfway point; turn off the route onto Bowyers Beach Rd.	



Scale / Échelle
2 0 2 4 6 8 km
Distance between red markers is 5 km unless otherwise noted.
Recreational Trail.
Trail users assume all risks.



Alerts

⚠️ Cycling in Muskoka is best suited for experienced cyclists comfortable cycling on road, in some cases, alongside high-volume traffic including trucks.

Visit waterfronttrail.org/map for facility information including alerts to assist in choosing your preferred experience.

Legend

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|------------------------------|--------------------------------|
| Great Lakes Waterfront Trail | Parry Sound to MacTier 10 Loop |
| Off-Road | Lake Rosseau |
| Alerts | Lake Muskoka Loop |
| Proposed Trail | Bracebridge Golden Bridge Loop |

Great Lakes Waterfront Trail



For more info on visiting a community go to:
waterfronttrail.org/places